

# CALVARY WEEKLY DISCUSSION GUIDE

November 1, 2020



## CONNECT

Spend some time checking in. What are highs and lows since you last met? How can your group members pray for and support each other this week?

## GROW

- It's important and powerful to say the names of the people in your life who have died. Take time to say the names among your group, and light candles if you have them available.
- Grief has surfaced in many ways throughout the pandemic. How have you experienced grief in recent months?
- When have you tried to "fix" your grief rather than felt it and lived with it? Is it comforting to think about moving forward with grief rather than moving on with it? Why?
- Read [John 11:17-35](#). What does it mean to hear that even Jesus expresses grief over the death of Lazarus?
- Read [Hebrews 12:1-3](#). Who is included in your "cloud of witnesses" to help you move forward in grief? Who could you reach out to this week to let them know that *you* are with them in their grief?

## PRAY

Lord God, we know that you are with us in our grief and that you sent your son, Jesus, to show us that death has lost its sting. Thank you for the saints who have gone before us, who have finished their race, who cheer us on in memory until we are united again with you in Heavenly praise. Help us to feel our grief, and as we do, use it as a reminder that we are not alone. Amen.