



## Introduction

Holy Communion is a special meal we celebrate when we worship. The bread and wine are mysteriously the real presence of Jesus Christ. Because mysteries are, well, mysterious, we trust that Jesus is really with us in this meal. When we cannot gather physically for worship due to an emergency such as COVID-19, it is acceptable to fast from Holy Communion until we can worship together once again or use the liturgy below which can be led by the head of household to celebrate Holy Communion at home. We believe the meal is celebrated after God's Word is heard, so you might read a passage of scripture together and discuss how God is speaking to you in the biblical story, listen to a Calvary message on Youtube, Facebook or at [www.calvaryalex.org](http://www.calvaryalex.org).<sup>1</sup>

## Setting the Table

Bring out your best! Get a nice plate, glasses, and maybe a candle. Have bread available as well as grape juice or wine.

# *Holy Communion*

**Head of Household:** Even though we gather separately we know that God is with us and God gives us this meal to remind us that God is for us and God loves us. When we celebrate Holy Communion we are reminded that we are connected with Christians from across the world and connected to Jesus Christ. We will start with confessing the ways we mess up. Join me in confessing.

**Together:** God, We confess that we have messed up. With our words and our hands, we have not been kind to others or to our own selves. We are hopeless without your love. We are afraid of running out of things, so we take more than we need. We are afraid of what could happen, so we forget that you are with us all the time to give us peace. We spend the night with worry instead of prayer. Forgive us again and fill us up with your abundant mercy. God is rich in mercy and love. No matter how much you mess up every day, God's love never runs out.

**Head of Household:** Just as God's love is for you, so is the meal set before us. You are forgiven and ready to feast at the table, in the name of the one who died to set you free from the power of your sin, Jesus Christ, our Lord. Amen.

# *Words of Institution*

**Head of Household:** In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me. For as often as we eat of this bread and drink from this cup, we proclaim the Lord's death until he comes.

# *The Lord's Prayer*

(Say all together)

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

**Or... Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

# Communion Distribution

Share the bread with each person, saying, **"The body of Christ, given for you in love."** Then share the wine or grape juice with each person, saying, **"The blood of Christ, shed for you in love."**

# Prayer After Communion

**Head of Household:** Life-giving God, in the mystery of Christ's resurrection you send light to conquer darkness, water to give new life, and the bread of life to nourish your people and free us from fear. Send us forth that we may show your glory to all the world, through Jesus Christ. Amen.

## **After Communion**

Finish the leftover bread and wine or pour the wine into the ground outside and leave bread for the birds.